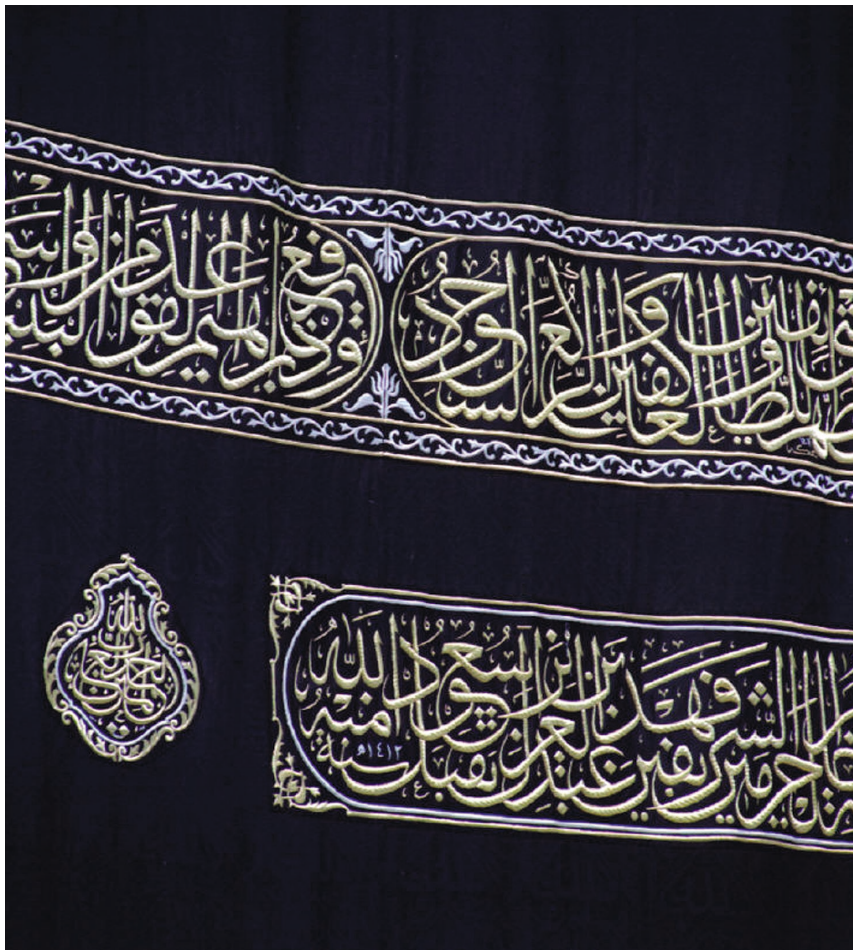


Prayer Timetable 2006

Middlesbrough



'O you who believe! Bow down, prostrate yourselves, And adore your Lord; And do good; That you may prosper.' Al-Qur'an 22:77

The Messenger of Allah said:
 "There is no person who performs wudhu (ablution), beautifying his wudhu, then prays two rakahs (units) concentrating therein with his heart and face except Paradise becomes obligatory for him."
 [Muslim]

The prayer timetable has been kindly provided by the UK Islamic Mission. For the official 2006 calendar please contact :

UKIM Head Office
 202 North Gower Street
 London NW1 2LY
 Tel: 020 7387 2157
www.ukim.org info@ukim.org

January

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|-------|------|---------|------|
| 01-03 | 6.47 | 8.27 | 12.19 | 2.04 | 3.56 | 5.16 |
| 04-06 | 6.46 | 8.26 | 12.20 | 2.08 | 4.00 | 5.20 |
| 07-09 | 6.45 | 8.25 | 12.22 | 2.12 | 4.04 | 5.24 |
| 10-12 | 6.42 | 8.22 | 12.23 | 2.16 | 4.09 | 5.29 |
| 13-15 | 6.40 | 8.20 | 12.24 | 2.20 | 4.14 | 5.34 |
| 16-18 | 6.37 | 8.17 | 12.25 | 2.25 | 4.19 | 5.39 |
| 19-21 | 6.33 | 8.13 | 12.26 | 2.31 | 4.24 | 5.44 |
| 22-24 | 6.29 | 8.09 | 12.27 | 2.36 | 4.30 | 5.50 |
| 25-27 | 6.25 | 8.05 | 12.28 | 2.41 | 4.36 | 5.56 |
| 28-31 | 6.20 | 8.00 | 12.28 | 2.48 | 4.43 | 6.03 |

February

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|-------|------|---------|------|
| 01-03 | 6.13 | 7.53 | 12.29 | 2.55 | 4.45 | 6.05 |
| 04-06 | 6.07 | 7.47 | 12.29 | 3.00 | 4.51 | 6.11 |
| 07-09 | 6.02 | 7.42 | 12.29 | 3.06 | 4.58 | 6.18 |
| 10-12 | 5.56 | 7.36 | 12.29 | 3.12 | 5.04 | 6.24 |
| 13-15 | 5.49 | 7.29 | 12.29 | 3.17 | 5.10 | 6.30 |
| 16-18 | 5.43 | 7.23 | 12.29 | 3.23 | 5.16 | 6.36 |
| 19-21 | 5.36 | 7.16 | 12.29 | 3.29 | 5.22 | 6.42 |
| 22-24 | 5.29 | 7.09 | 12.28 | 3.34 | 5.28 | 6.48 |
| 25-26 | 5.22 | 7.02 | 12.28 | 3.40 | 5.35 | 6.55 |
| 27-28 | 5.18 | 6.58 | 12.28 | 3.43 | 5.39 | 6.59 |

March

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|-------|------|---------|------|
| 01-03 | 5.13 | 6.53 | 12.27 | 3.47 | 5.48 | 7.08 |
| 04-06 | 5.06 | 6.46 | 12.27 | 3.52 | 5.54 | 7.14 |
| 07-09 | 4.58 | 6.38 | 12.26 | 3.57 | 5.59 | 7.19 |
| 10-12 | 4.51 | 6.31 | 12.25 | 4.02 | 6.05 | 7.25 |
| 13-15 | 4.43 | 6.23 | 12.24 | 4.07 | 6.11 | 7.31 |
| 16-18 | 4.36 | 6.16 | 12.23 | 4.11 | 6.17 | 7.37 |
| 19-22 | 4.28 | 6.08 | 12.22 | 4.16 | 6.23 | 7.43 |
| 23-25 | 4.17 | 5.57 | 12.21 | 4.23 | 6.32 | 7.52 |
| 26-28 | 5.08 | 6.47 | 01.20 | 5.28 | 7.38 | 8.58 |
| 29-31 | 5.02 | 6.42 | 01.20 | 5.31 | 7.43 | 9.03 |

April

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|------|------|---------|------|
| 01-03 | 4.56 | 6.36 | 1.19 | 5.35 | 7.48 | 9.08 |
| 04-06 | 4.48 | 6.28 | 1.18 | 5.39 | 7.53 | 9.13 |
| 07-09 | 4.41 | 6.21 | 1.17 | 5.44 | 7.59 | 9.19 |
| 10-12 | 4.33 | 6.13 | 1.16 | 5.48 | 8.05 | 9.25 |
| 13-15 | 4.26 | 6.06 | 1.15 | 5.52 | 8.11 | 9.31 |
| 16-18 | 4.19 | 5.59 | 1.15 | 5.55 | 8.16 | 9.36 |
| 19-21 | 4.12 | 5.52 | 1.14 | 5.59 | 8.22 | 9.42 |
| 22-24 | 4.05 | 5.45 | 1.13 | 6.03 | 8.28 | 9.48 |
| 25-27 | 3.58 | 5.38 | 1.13 | 6.06 | 8.34 | 9.54 |
| 28-30 | 3.51 | 5.31 | 1.12 | 6.10 | 8.39 | 9.59 |

May

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|------|------|---------|-------|
| 01-03 | 3.45 | 5.25 | 1.12 | 6.14 | 8.45 | 10.05 |
| 04-06 | 3.39 | 5.19 | 1.12 | 6.17 | 8.51 | 10.11 |
| 07-09 | 3.33 | 5.13 | 1.11 | 6.20 | 8.56 | 10.16 |
| 10-12 | 3.27 | 5.07 | 1.11 | 6.23 | 9.02 | 10.22 |
| 13-15 | 3.22 | 5.02 | 1.11 | 6.27 | 9.07 | 10.27 |
| 16-18 | 3.17 | 4.57 | 1.11 | 6.30 | 9.12 | 10.32 |
| 19-21 | 3.12 | 4.52 | 1.11 | 6.32 | 9.17 | 10.37 |
| 22-24 | 3.07 | 4.47 | 1.12 | 6.35 | 9.22 | 10.42 |
| 25-27 | 3.03 | 4.43 | 1.12 | 6.38 | 9.26 | 10.46 |
| 28-31 | 2.59 | 4.39 | 1.12 | 6.41 | 9.31 | 10.51 |

June

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|------|------|---------|-------|
| 01-03 | 2.55 | 4.35 | 1.13 | 6.43 | 9.36 | 10.56 |
| 04-06 | 2.53 | 4.33 | 1.13 | 6.45 | 9.39 | 10.59 |
| 07-09 | 2.51 | 4.31 | 1.14 | 6.47 | 9.42 | 11.02 |
| 10-12 | 2.49 | 4.29 | 1.14 | 6.49 | 9.45 | 11.05 |
| 13-15 | 2.48 | 4.28 | 1.15 | 6.50 | 9.47 | 11.07 |
| 16-18 | 2.48 | 4.28 | 1.16 | 6.51 | 9.49 | 11.09 |
| 19-21 | 2.48 | 4.28 | 1.16 | 6.52 | 9.50 | 11.10 |
| 22-24 | 2.49 | 4.29 | 1.17 | 6.53 | 9.50 | 11.10 |
| 25-27 | 2.50 | 4.30 | 1.18 | 6.53 | 9.50 | 11.10 |
| 28-31 | 2.52 | 4.32 | 1.18 | 6.53 | 9.50 | 11.10 |

Prayer Timetable 2006

Middlesbrough



'Those who believe, and do deeds of righteousness, and establish regular prayers and regular charity, will have their reward with their Lord: on them shall be no fear, nor shall they grieve.' Al-Qur'an 2:277

The Prophet (pbuh) said: 'The first thing for which the servant (of Allah) shall be called to account for (on the Day of Reckoning), is the Salaah (prayer). If it was good, then the rest of his deeds are good and if it was bad, then the rest of his deeds are bad.' (At-Tabaraanee)

The prayer timetable has been kindly provided by the UK Islamic Mission. For the official 2006 calendar please contact :

UKIM Head Office
202 North Gower St
London NW1 2LY
Tel: 020 7387 2157
www.ukim.org info@ukim.org

July

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|------|------|---------|-------|
| 01-03 | 2.54 | 4.34 | 1.19 | 6.53 | 9.49 | 11.09 |
| 04-06 | 2.56 | 4.36 | 1.19 | 6.52 | 9.47 | 11.07 |
| 07-09 | 2.59 | 4.39 | 1.20 | 6.51 | 9.45 | 11.05 |
| 10-12 | 3.03 | 4.43 | 1.20 | 6.50 | 9.42 | 11.02 |
| 13-15 | 3.07 | 4.47 | 1.21 | 6.50 | 9.39 | 10.59 |
| 16-18 | 3.11 | 4.51 | 1.21 | 6.47 | 9.35 | 10.55 |
| 19-21 | 3.15 | 4.55 | 1.21 | 6.45 | 9.31 | 10.51 |
| 22-24 | 3.20 | 5.00 | 1.21 | 6.42 | 9.27 | 10.47 |
| 25-27 | 3.25 | 5.05 | 1.21 | 6.40 | 9.22 | 10.42 |
| 28-31 | 3.30 | 5.10 | 1.21 | 6.36 | 9.16 | 10.36 |

August

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|------|------|---------|-------|
| 01-03 | 3.37 | 5.17 | 1.21 | 6.32 | 9.09 | 10.29 |
| 04-06 | 3.42 | 5.22 | 1.21 | 6.29 | 9.04 | 10.24 |
| 07-09 | 3.47 | 5.27 | 1.21 | 6.25 | 8.58 | 10.18 |
| 10-12 | 3.53 | 5.33 | 1.20 | 6.21 | 8.51 | 10.11 |
| 13-15 | 3.58 | 5.38 | 1.20 | 6.16 | 8.45 | 10.05 |
| 16-18 | 4.04 | 5.44 | 1.19 | 6.12 | 8.38 | 9.58 |
| 19-21 | 4.09 | 5.49 | 1.18 | 6.07 | 8.31 | 9.51 |
| 22-24 | 4.15 | 5.55 | 1.18 | 6.02 | 8.24 | 9.44 |
| 25-27 | 4.20 | 6.00 | 1.17 | 5.57 | 8.17 | 9.37 |
| 28-31 | 4.26 | 6.06 | 1.16 | 5.50 | 8.08 | 9.28 |

September

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|------|------|---------|------|
| 01-03 | 4.33 | 6.13 | 1.15 | 5.44 | 8.00 | 9.20 |
| 04-06 | 4.39 | 6.19 | 1.14 | 5.38 | 7.53 | 9.13 |
| 07-09 | 4.44 | 6.24 | 1.13 | 5.32 | 7.45 | 9.05 |
| 10-12 | 4.50 | 6.30 | 1.12 | 5.26 | 7.38 | 8.58 |
| 13-15 | 4.55 | 6.35 | 1.11 | 5.20 | 7.30 | 8.50 |
| 16-18 | 5.01 | 6.41 | 1.10 | 5.13 | 7.22 | 8.42 |
| 19-21 | 5.06 | 6.46 | 1.08 | 5.07 | 7.15 | 8.35 |
| 22-24 | 5.12 | 6.52 | 1.07 | 5.01 | 7.07 | 8.27 |
| 25-27 | 5.17 | 6.57 | 1.06 | 4.54 | 7.00 | 8.20 |
| 28-30 | 5.23 | 7.03 | 1.05 | 4.48 | 6.52 | 8.12 |

October

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|-------|------|---------|------|
| 01-03 | 5.28 | 7.08 | 1.04 | 4.41 | 6.44 | 8.04 |
| 04-06 | 5.34 | 7.14 | 1.03 | 4.34 | 6.37 | 7.57 |
| 07-09 | 5.40 | 7.20 | 1.03 | 4.28 | 6.30 | 7.50 |
| 10-12 | 5.45 | 7.25 | 1.02 | 4.21 | 6.22 | 7.42 |
| 13-15 | 5.51 | 7.31 | 1.01 | 4.15 | 6.15 | 7.35 |
| 16-18 | 5.57 | 7.37 | 1.00 | 4.08 | 6.08 | 7.28 |
| 19-21 | 6.03 | 7.43 | 1.00 | 4.02 | 6.01 | 7.21 |
| 22-25 | 6.10 | 7.50 | 12.59 | 3.55 | 5.53 | 7.13 |
| 26-28 | 6.18 | 7.58 | 12.59 | 3.47 | 5.44 | 7.04 |
| 29-31 | 6.24 | 8.04 | 12.59 | 3.41 | 5.38 | 6.97 |

November

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|-------|------|---------|------|
| 01-03 | 5.29 | 7.09 | 11.58 | 2.36 | 4.33 | 5.53 |
| 04-06 | 5.35 | 7.15 | 11.59 | 2.31 | 4.27 | 5.47 |
| 07-09 | 5.41 | 7.21 | 11.59 | 2.25 | 4.21 | 5.41 |
| 10-12 | 5.47 | 7.27 | 11.59 | 2.20 | 4.16 | 5.36 |
| 13-15 | 5.53 | 7.33 | 11.59 | 2.16 | 4.11 | 5.31 |
| 16-18 | 5.58 | 7.38 | 12.00 | 2.11 | 4.06 | 5.26 |
| 19-21 | 6.04 | 7.44 | 12.01 | 2.07 | 4.01 | 5.21 |
| 22-24 | 6.10 | 7.50 | 12.01 | 2.04 | 3.58 | 5.18 |
| 25-27 | 6.15 | 7.55 | 12.02 | 2.01 | 3.54 | 5.14 |
| 28-30 | 6.20 | 8.00 | 12.03 | 1.58 | 3.51 | 5.11 |

December

| Date | Fajr | Sunrise | Zuhr | Asr | Mughrib | Isha |
|-------|------|---------|-------|------|---------|------|
| 01-03 | 6.25 | 8.05 | 12.04 | 1.56 | 3.48 | 5.08 |
| 04-06 | 6.29 | 8.09 | 12.05 | 1.54 | 3.46 | 5.06 |
| 07-09 | 6.33 | 8.13 | 12.07 | 1.53 | 3.45 | 5.05 |
| 10-12 | 6.37 | 8.17 | 12.08 | 1.52 | 3.44 | 5.04 |
| 13-15 | 6.40 | 8.20 | 12.10 | 1.52 | 3.44 | 5.04 |
| 16-18 | 6.43 | 8.23 | 12.11 | 1.53 | 3.44 | 5.04 |
| 19-21 | 6.45 | 8.25 | 12.12 | 1.54 | 3.45 | 5.05 |
| 22-24 | 6.46 | 8.26 | 12.14 | 1.55 | 3.47 | 5.07 |
| 25-27 | 6.47 | 8.27 | 12.15 | 1.57 | 3.49 | 5.09 |
| 28-31 | 6.48 | 8.28 | 12.17 | 2.00 | 3.51 | 5.11 |